



Expert Patient Input Committee
PPI Guidance for Researchers

Frequently Asked Questions

Do I need ethical approval for Patient and Public Involvement?

Ethical approval is not needed where people are involved in planning or advising on research, for example taking part in a focus group or developing a questionnaire.

How early should I make contact about patient involvement in my research?

We would advise giving us as much notice as possible (at least 4-6 weeks) if you would like to meet with the EPIC committee. This will give us a chance to work with you to schedule a meeting at a mutually convenient time, and will also allow time for any background work/preparation to be done before the meeting

Should I reimburse patients and the public for their time?

It is good practice to budget for patient involvement when planning a study. The NIHR have comprehensive guidance relating to this topic which can be found [here](#).

I am interested in approaching EPIC but I have more questions – who can I ask?

If you would like to discuss how to involve patients and the mito community in your research, please contact Katie Waller (Science and Patient Engagement Officer) at katie@thelilyfoundation.org.uk.

Where can I find other resources that can help me with PPI?

The NIHR have a fantastic range of resources and guides to help you involve patients and the public in your research.

In particular the following pages can help:

- [Briefing notes for researchers – public involvement in NHS, health and social care research](#) provides comprehensive briefing notes about various aspects of Patient and Public Involvement and includes the UK standards for Public Involvement.
- [Resources for PPI](#) – includes links to documents regarding co-production in research, payment and recognition for PPI and general guidance on how researchers can involve patients and the public in research.
- Elsewhere, the [Plain English Campaign](#) is a really helpful resource that can help to ensure you are communicating clearly to your intended audience and without the use of jargon. A plain English summary is a requirement of NIHR funding applications, more details of which can be found [here](#).



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